

The following back issues of the NVA newsletter are available:

- Winter 2015-16: Chronic Sexual Pain: A Guide to Systematic Evaluation By Deborah Coady, M.D., FACOG
Diagnosis and Treatment of Lichen Sclerosus By Gayle Fischer, M.D., MBBS, FACD
- Summer 2015: Pharmacologic Options for Vulvodynia: Are They Effective? by Candace Brown, PharmD and Gloria Bachmann, MD
NVA-Funded Research: What Have We Learned?
- Spring 2015: The Microbiome of the Vagina and Vestibule by Steven S. Witkin, PhD
Systemic Conditions May Contribute to Generalized Vulvodynia by Deborah Coady, MD
- Winter 2014-15: Developing a New Diagnostic Algorithm for Vulvodynia by Andrew Goldstein, MD
NVA Career Award Recipients: Where Are They Now?
- Fall 2014: Chronic Pain: Peripheral or Centralized by Daniel Clauw, MD
Pudendal Neuralgia: An Unrecognized Cause of Pelvic Floor Pain by Michael Hibner, MD
- Summer 2014: Why Oral Contraceptive Pills Can Cause Vulvodynia by Andrew Goldstein, MD, Jill Krapf, MD, and Zoe Belkin
Superficial Pelvic Floor Muscles and Vulvar Pain by Dr. Pamela Morrison Wiles, PT, MS, DPT
- Winter 2014: Pharmacological Management of Vulvodynia Q & A with Justin Wasserman, MD
Vestibular Tissue Changes in Women with PVD by Catherine Leclair, MD, Martha Goetsch, MD, MPH and Terry Morgan, MD, PhD
Lesson in Pain Relief – A Personal Postgraduate Experience by Philip A. Pizzo, MD
- Summer 2013: FDA Approves First Non-Hormonal Treatment for Menopause-Associated Dyspareunia Q & A with Gloria Bachmann, MD, MMS
Vulvodynia Subgroups Show Differences in Brain Activity by Johnson Hampson, MSBME, Richard Harris, PhD and Barbara Reed, MD, MSPH
- Spring 2013: Vulvodynia and Coexisting Pain Disorders – Q & A with Barbara Reed, MD, MSPH
Striving for Happiness in the Face of Pain: A Patient's Perspective on the Emotional Burden by Christina Shea
- Fall 2012: Treating GVD with Multilevel Nerve Blocks, Results of an NVA-Funded Study by Andrea Rapkin, MD
Understanding Sex Therapy for Vulvodynia by Nancy Levin McGrath, LICCS
New Treatment Helpful in PVD Subgroup Q & A with Yaniv Farajun, MD & Jacob Bornstein, MD, MPA
- Spring 2012: Predictors of PVD Treatment Outcome by Nina Bohm-Starke, MD, PhD & Ulrika Heddini, MD
Results of First Cost Study on Vulvodynia Published by Cristina Shea
Understanding Clitoral Pain by Deborah Coady, MD and Nancy Fish, MSW, MPH
- Winter 2011: Vaginal Diazepam for Pelvic Floor Muscle Dysfunction – Q & A with Donna J. Carrico, WHNP, MS
International Conference Highlights Vulvodynia by Jay R. Trabin, MD, FACOG
- Summer 2011: Vulvar Pain Resulting from Orthopedic Causes by Deborah Coady, MD and Nancy Fish, MSW
NICHD Hosts Vulvodynia Researchers
- Spring 2011: The Treatment of Vulvodynia After Menopause by Michael Krychman, MD
Physical Therapy: Universal Treatment for Sexual Pain by Andrew Goldstein, MD, Caroline Pukall, PhD, and Irwin Goldstein, MD
Getting the Most Out of Your Medical Care
- Winter 2010: Chronic Vulvar Pain & Tarlov Cysts – Q & A with Anne Louise Oaklander, MD, PhD
The Medical Management of Vulvodynia
- Fall 2010: New Research Differentiates Primary and Secondary PVD by Catherine Leclair, MD
What to Expect During Pregnancy
New Vulvodynia Guidelines Published
- Spring 2010: Pelvic Floor Muscle Dysfunction in Women with PVD by Linda McLean, PhD
A Step-Wise Treatment Regimen for PVD, Questions and Answers with Gary Ventolini, MD
Keeping Sexual Intimacy Alive

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- Winter 2009: Urogenital Infection and Allergy: Risk Factors? by Ruby Nguyen, PhD
Vulvodynia Prevalence over the Lifespan
Overcoming Depression Associated with Chronic Pain
- Summer 2009: A Topical Treatment for Provoked Vestibulodynia – Q & A with Paul Nyirjesy, MD
Chronic Pain and the Brain: Recent Findings by Katherine Sutton, PhD, Caroline Pukall, PhD, et al
- Spring 2009: Treating Vulvar Pain: A Neurologist's View by Allan S. Gordon, MD
Superficial Dyspareunia in Postmenopausal Women by Alina Kao, BA, Melanie Monn, PhD, PT, Yitzchak M. Binik, PhD and Samir Khalife, MD
- Winter 2008: Primary and Secondary PVD: Are They Different? by Caroline Pukall, PhD
The Impact of Provoked Vestibulodynia on Couples by Jennifer Connor, PhD, LMFT
- Fall 2008: Treating Vulvodynia with Manual Physical Therapy by Stephanie Prendergast, MPT, Elizabeth Rummer, MSPT, and Rhonda Kotarinos, PT
The Need for Research on Coexisting Conditions by Hannele Rubin, MSJ and Chris Veasley
- Spring 2008: Treatment of Vulvar Pain Syndrome by Sophie Bergeron, PhD and Caroline F. Pukall, PhD
Oral contraceptives and Vulvodynia Risk by Corey Binns, MS
- Winter 2007: Differentiating Vulvodynia and Pudendal Neuralgia by Richard P. Marvel, MD
Multilevel Nerve Blocks in Treatment of Vulvodynia by Andrea Rapkin, MD and John McDonald, MD
- Summer 2007: Botulinum Toxin Therapy for Vulvodynia by James G. Presthus, MD, and Dennis D. Dykstra, MD, PhD
Childbirth Practices and Women with Vulvodynia by Andrea Hall
- Spring 2007: Vulvodynia's Psychological Impact on the Partner by David Foster, MD and Merrill Kotok, BSN, RNC
The Many Faces of Vestibular Pain by Andrew Goldstein, MD, FACOG
- Winter 2006: Vulvar Vestibulitis Syndrome: A Review by Miranda A. Farage, PhD and Rudolf P. Galask, MD
Sex Therapy and Treatment of Vulvodynia by Stephanie Buehler, PsyD and Christine Seeberger, MA
- Summer 2006: Vulvodynia: Definitions, Diagnosis and Management: A State-of-the-art Conference by Gloria Bachmann, MD, Raymond Rosen, MD, Vivian Pinn, MD, Wulf Utian, MD, et al
Dermatologic Diseases of the Vulva by Andrew Goldstein, MD
- Spring 2006: Biofeedback in Diagnosis and Treatment of Vulvodynia by Howard I. Glazer, PhD
Neurostimulation in the Treatment of Severe Vulvodynia by Michael O. Seibel, DO
- Winter 2005: Topical Therapy for Vulvodynia by Lori Boardman, MD
Vulvar Vestibulitis: Dual Sources of Pain by Martha Goetsch, MD
- Summer 2005: The Vulvodynia Guideline by Hope Haefner, MD, et al
Advice on Conception for Women with Vulvodynia by Andrea Hall and Elizabeth Stewart, MD
- Spring 2005: Recent Research on the Treatment of Vulvodynia (Part 2, Oct 2004 vulvodynia conference)
Practice Patterns of Clinicians Treating Vulvar Pain by Glenn Updike, MD
- Winter 2004: Vulvodynia Experts Present Latest Research (Part 1, Oct 2004 vulvodynia conference)
Preventive Therapy for Recurrent Yeast Infections by Paul Nyirjesy, MD
- Summer 2004: Self-Misdiagnosis of Vaginal Infections by Daron Ferris, MD
Classifying Vulvar Vestibulitis as a Pain Disorder by Caroline Pukall, PhD, et al
- Spring 2004: Pudendal Nerve Block in the Treatment of Vulvodynia-an interview with B.J. Daneshfar, MD
Evaluation and Diagnosis of Chronic Vulvovaginitis by J. Christopher Carey, MD
- Winter 2003: Dysesthetic Vulvodynia and Sexual Intimacy with Susan Kellogg-Spadt, PhD, CRNP
Advice for the Newly Diagnosed Woman by Amy Kaler, PhD
Lidocaine Use May Ease Vestibulitis
- Summer 2003: A Discussion of Sexual Intimacy and Vestibulitis with Susan Kellogg-Spadt, PhD, CRNP
Common Traps in the Diagnosis of Vulvovaginal Disorders by Elizabeth Stewart, MD
- Spring 2003: NIH Hosts Vulvodynia Research Conference
Vulvodynia May Be a Highly Prevalent Disorder
- Winter 2002: Causes of Recurrent Vulvovaginal Candidiasis by Jack Sobel, MD
Oral Contraceptives and Vestibulitis by Kathleen Nelson
Physical Therapy Treatment of Vulvodynia by Talli Rosenbaum, PT

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- Summer 2002: Interstitial Cystitis and Vulvodynia by Ursula Wesselmann, MD
Sexual Intimacy and Vulvodynia by Laura Wittke
- Spring 2002: Pharmacological Treatment of Vulvodynia by Justin Wasserman, MD
Recent Findings on Vulvar Vestibulitis by Andrew Goldstein, MD and Stanley Marinoff, MD
- Winter 2001: Surgical Treatment for Vulvar Vestibulitis by Hope K. Haefner, MD
Re-establishing Sexual Relations after Surgery by Michael Plaut
Major Pain Clinics in the United States
- Summer 2001: Treating Generalized Vulvar Dysesthesia by Elizabeth Gunther Stewart, MD
Dermatological Conditions of the Vulva by Gordon Davis, MD
- Spring 2001: Is Vulvar Vestibulitis Associated with HPV? by Jacob Bornstein, MD
Chronic Vulvar Pain and Sexual Functioning by Irv Binik, PhD and Sophie Bergeron, PhD
- Fall 2000: Yeast Infections and Vulvar Vestibulitis Syndrome – an interview with Paul Nyirjesy, MD
Treatment of Clitoral Pain by C. Paul Perry, MD
If It's Not Vulvar Vestibulitis, What Is It? by Richard Marvel, MD
- Summer 2000: Vulvar Conditions, Pregnancy and Childbirth by Gae Rodke, MD
Can Acupuncture Relieve Vulvodynia?
Endometriosis: An Overview
- Spring 2000: Observations on Patients with Vulvar Vestibulitis by William Ledger, MD
Self-help Tips for Vulvar Skin Care
- Fall 1999: The Management of Neuropathic Pain by Justin Wasserman, MD
Vulvovaginal Pain Disorders and Sexual Functioning by Howard Glazer, PhD
Pelvic Pain and Pelvic Varicosities by Eleanor Brosius, M.S.
- Summer 1999: A Modern Approach to Vulvodynia Therapy by Jessica Thomason, MD
Multidimensional Assessment of Vulvodynia by Robin Masheb, PhD
- Winter 1999: Demographic Profile of Vulvodynia Patients by Leslie Ann Sadownik, MD
Becoming Pregnant with Vulvodynia by Scot Hutchison, MD
An Overview of Interstitial Cystitis
- Fall 1998: Interferon and Surgery in Treating Vestibulitis by Jacob Bornstein, MD
NIH Invites Research Proposals on Vulvodynia
- Summer 1998: Classification and Treatment of Vulvodynia by Stanley Marinoff, MD
Treating Lichen Sclerosus by Libby Edwards, MD
- Winter 1998: Differentiating Vulvodynia from Candida (yeast) by Benson Horowitz, MD
A Holistic Approach to Treating Pelvic Pain by Jerome Weiss, MD
- Fall 1997: Biofeedback and Vulvovaginal Pain by Howard Glazer, PhD
Medications for Chronic Pain
- Spring 1997: A Nurse Practitioner's Perspective, an interview with B.J. Czarapata, CRNP
Medical Therapy for Vulvodynia by Libby Edwards, MD
- Winter 1997: The Low-Oxalate Diet by M. Herzl Melmed, MD
An Overview of Vulvar Vestibulitis
- Summer 1996: Vulvodynia Research and Treatment -- an interview with neurologist Ursula Wesselmann
Managing Vulvar Pain with Physical Therapy by Dee Hartmann, PT
Vulvodynia and Pregnancy -- an informal talk by Stanley Marinoff, MD
- Spring 1996: Disorders Associated with Vulvodynia -- an interview with Dr. Daniel Clauw
Vulvodynia in the Workplace, part 3
- Winter 1996: Diagnosis and Management of Vulvodynia -- an interview with Dr. Gae Rodke
Vulvodynia in the Workplace, part 2
- Summer 1995: Chronic Pain -- an interview with neurologist Dr. Helene Emsellem
Vulvodynia in the Workplace, part. 1
- Spring 1995: Treating Vulvodynia -- an interview with Dr. David Foster
Getting the most out of your health insurance
- Winter 1995: Vulvodynia: A perplexing disorder -- an interview with Dr. Stanley Marinoff
Psychologist addresses sexual, emotional aspects of vulvodynia

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