

Program - Webcast

8:55 Welcome & Introduction

9:00 **Focus on the Differential Diagnosis**

This lecture given by **Dr. Nucelio Lemos** will focus on the systemic, etiology-driven approach to CCCP, going through the most prevalent causes of refractory pain cases, their pain pattern and clinical presentation. A practical approach to the following conditions will be discussed:

- Pain originated on the lower genital tract
- Painful bladder syndrome and interstitial cystitis
- Osteomuscular causes of CPPP
- Pelvic floor Myalgia
- Pelvic congestion syndrome
- Endometriosis
- Pudendal neuralgia and other intrapelvic nerve entrapments

10:00 Q & A and Panel Discussion with our Multidisciplinary Faculty

10:45 15 minute break

11:00 **Practice Guide to the Treatment of Pelvic & Perineal Pain**

This lecture given by **Dr. Tania Di Renna** will provide a practice guide to treatment of CPPP and strategies to mitigate symptoms while patients are waiting to be seen by a specialist and/or a pain clinic. Dr. Di Renna will review non-opioid medication options, resources for self-management strategies as well as the pathways for specialized care at a provincial level.

11:45 Q & A and Panel Discussion with our Multidisciplinary Faculty

12:30 Concluding Remarks and Evaluation



Nucelio Lemos MD, PhD
Associate Professor of Obstetrics and Gynaecology
University of Toronto, Faculty of Medicine
Functional Pelvic Surgery & Neuropelveloogy - TAPMI

Tania Di Renna BSc, MD, FRCPC
Assistant Professor of Anesthesia,
University of Toronto, Faculty of Medicine
Women's College Hospital
Director of TAPMI



Panel Discussion Faculty:

Dr. Wendy Carter, Psychologist, Toronto Academic Pain Medicine Institute, Women's College Hospital

Dr. Sami Chadi, Colorectal and Surgical Oncology
University Health Network and Princess Margaret Cancer Centre

Céleste Corkery, Physiotherapist, Toronto Academic Pain Medicine Institute, Women's College Hospital

Dr. David Flamer, Anesthesiology and Pain Medicine,
Toronto Academic Pain Medicine Institute, Women's College Hospital

Dr. Keith Jarvi, Urologist, Director, Murray Koffler Urologic Wellness Centre and Head of Urology, Mount Sinai Hospital

Dr. Ted Robinson, Family Physician, Wasser Pain Clinic, Mount Sinai Hospital and Bridgepoint Hospital

Dr. Oleg Safir, Orthopaedic Surgeon, Mount Sinai Hospital

Dr. Jonathon Solnik, Gynaecologist, Head of Gynaecology & Minimally Invasive Surgery, Dept. of Obstetrics & Gynaecology, Mount Sinai Hospital

Dear Colleagues,

I would like to invite you to spend a Friday morning with us as we focus on the important topic of the **Assessment and Management of Pelvic & Perineal Pain**.

Chronic pelvic and perineal pain (CPPP) is among the most prevalent and poorly understood conditions in medicine today.

The number of different organic systems crossing the pelvis, makes the etiological diagnosis of CPPP extremely challenging. *Less than 50% of patients living with CPPP will ever get an etiological and accurate diagnosis in their lifetime.* The lack of a thorough understanding of the mechanisms behind pelvic and perineal pain, results in non-specific and non-etiology directed treatments which are frequently ineffective.

After participating in this ½ day webcast:

- You will have an expanded understanding of how to do a thorough assessment of chronic and perineal pain
- You will be able to counsel your patients as to different treatments available for CPPP and will be able to articulate different management strategies regarding aspects of care available.

Plan to join us!

Dr. Nucelio Lemos MD PhD
Course Director

Registration (PPP)

First Name: _____

Last Name: _____

Workplace Facility: _____

Address: _____

City: _____

Province: _____

Postal Code: _____

Phone _____

Email: _____

***Confirmation of registration will be sent by email*

Profession

- ObGyn Family Physician
 NP Nurse Physiotherapist
 Fellow Resident
 Other _____

If you wish to register on-line, please go to:
www.mountsinai.on.ca/cme/

Registration Fees (CDN \$)

	Early Bird Fee (before October 19)	Registration Fee (after October 19)
Physicians	\$100 + HST = \$113.00	\$125 + HST = \$141.25
Nurses and NPs &	\$75+ HST = \$84.75	\$100 + HST = \$113.00
Fellows Residents	\$35 + HST = \$39.55	\$50 + HST = \$56.50

Registration fee includes webcast participation, CME credits, and a recording of the lectures.

Cancellation Policy: There are no cancellations for webcast programs.

If paying by cheque, please complete this form and make your cheque payable to **OBS/GYN Associates** and mail to:
*CME – Dept. of Ob/Gyn
Mount Sinai Hospital
700 University Ave. 8th Floor, 8-934
Toronto, Ontario M5G 1Z5*

If paying by credit card, please complete credit card information and mail to the above listed address or fax to **FAX # (416) 586-5958**
 Visa Mastercard

Card # : _____

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Accreditation

This program has been submitted with appropriate accreditation bodies and accreditation points will be announced closer to the date of the program. (3.0 teaching hours)



Assessment & Management of Pelvic & Perineal Pain

Friday November 19, 2021

Course Director: Dr. Nucelio Lemos