

Does photobiomodulation therapy improve vulvar pain among those with provoked vestibulodynia? A pilot randomized controlled trial (RCT).

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Conclusions:

The PBM intervention resulted in greater reductions in local pain sensitivity at the vulvar vestibule (PPT) and greater reductions in self-reported pain sensations than the sham intervention. PBM may effectively reduce local pain sensitivity, which may concurrently improve emotional response to pain and sexual function interference among those with PVD. A larger RCT is feasible and warranted.